

# TARIKH (History)



# Lesson 1

## Nabí Adam ('a)

Long long ago, there was no earth, no sky, no sun or moon. Then Allāh decided to make a beautiful world.

Allāh just said, 'Be!' and there was the earth and the sky, the bright sun and the shining moon and twinkling stars; the tall mountains and big oceans and seas.



Allāh made the earth go around the Sun in circles so that there would be day and night and many different seasons too. Allāh made the clouds and caused rain to fall and grass to grow. Soon the earth was full of lovely flowers – roses and tulips and pansies, daisies and lupins and tall trees. Allāh created all the animals and birds and insects. From the little black ant and the busy bees to the big eagles that fly high above; and from the tiny goldfish to the big whale and also the elephants and lions and tigers and hippos; zebras and tall giraffes, fluffy rabbits and squirrels, horses and cows and goats and sheep and bears and all the wonderful creatures you know of – Allāh made them all.

Look at all the juicy fruits in the market: oranges and sweet grapes, soft bananas and pears, pineapples and mangoes,

cherries and crunchy apples.

Where did all these fruits come from?

Allāh made them all grow on trees. Allāh

also made all

the vegetables we love to eat: corn and potatoes, carrots and lettuce, peas and all the other yummy foods we eat.



Thank you Allāh for making such a wonderful world!

Then Allāh decided to make a human being. Out of mud and clay, Allāh made the first human being and called him Adam. Then Allāh breathed a spirit into Adam and all of sudden Adam came to life!

Allāh decided that Adam was going to be the first human being and also the first Nabi. A Nabi is someone whom Allāh chooses to guide other human beings and to teach others about Allāh's religion, Islam. So Nabi Adam (‘a) is the father of all human beings and also the first Nabi (Prophet).

Allāh gave Nabi Adam (‘a) the ability to see with his eyes, to smell with his nose, to taste with his tongue, to hear with his ears and to feel with his skin. Allāh taught Nabi Adam (‘a) many things and gave him a lot of knowledge.

Then Allāh created the first woman and called her Hawwā. Allāh wanted Nabi Adam (‘a) and Sayyida Hawwā (‘a) to live together as the first family in the world.

So Allāh put Nabi Adam (‘a) and Sayyida Hawwā (‘a) in a



beautiful garden and told them to live there happily. Allāh told them not to eat from only one tree in the garden because if they ate the fruit

from that tree, they would have to leave the beautiful garden.

All the human beings you see in the world today, of different colours and speaking different languages, all of them are the children of Nabi Adam (‘a) and Sayyida Hawwā (‘a). You and I too are the children of Nabi Adam (‘a) and Sayyida Hawwā (‘a).

*Use a different colour to colour each letter*

Thank You  
All h For  
Creating Such  
a Beautiful  
World!

## Lesson 2

# Shaytán's Disobedience

Before Allāh created Nabi Adam (‘a), Allāh had already created many, many angels who were always worshipping Him and obeying Him. Amongst them, there was a different type of creature – a jinn – who was made out of fire and was called Azāzil. Azāzil worshipped Allāh a lot and always hoped that Allāh would make him a prophet one day.

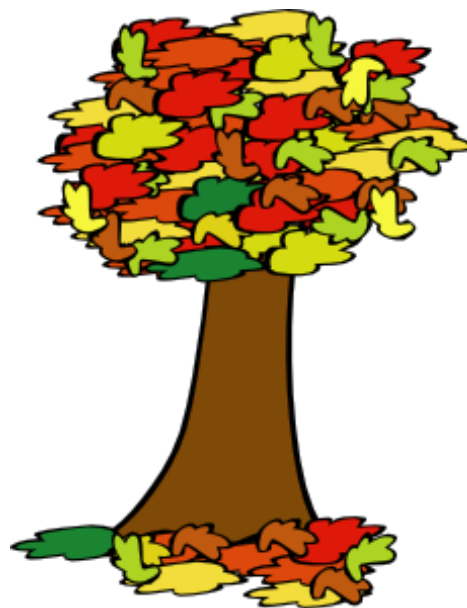
When Allāh created Adam and said He was going to make him a Nabi, Azāzil was very jealous and became very angry. Allāh wanted to test Azāzil and all the angels. So He ordered all the angels to bow down before Nabi Adam (‘a). All the angels bowed before Nabi Adam (‘a) except for Azāzil. He refused because he was proud and was jealous.

Allāh asked Azāzil: ‘Why did you disobey Me and not bow before Adam as I commanded you?’

And Azāzil said: ‘I will not bow before Adam. I am better than him. You created him from mud and clay and You created me from fire. Fire is better than clay!’

So Allāh was very angry with Azāzil. He changed his name from Azāzil to “Shaytān Iblis” which means ‘the evil one’. And Allāh told Shaytān to leave the heavens where the angels lived and to go to the earth.

Shaytān was now even angrier with Nabi Adam (‘a). He decided to take revenge. So he came to the beautiful garden where Nabi Adam (‘a) and Sayyida Hawwā (‘a) were living happily and told them to eat from the tree that Allāh had forbidden them.



At first Nabi Adam (‘a) and Sayyida Hawwā (‘a) refused. But then Shaytān tricked them. He swore by Allāh’s Name that if they eat the fruit from the tree they will never grow old and will never die. Nabi Adam (‘a) and Sayyida Hawwā (‘a) had never heard anyone swear in Allāh’s Name and say a lie. So they ate from the forbidden tree.

Now Allāh told Nabi Adam (‘a) and Sayyida Hawwā (‘a) that they must leave the beautiful garden because they ate from the tree they were told not to eat from. Instead they would now have to live on the earth and work hard themselves to grow their own food and make their own house.

Allāh promised Nabi Adam (‘a) and Sayyida Hawwā (‘a) that He would always look after them and all human beings who are their children. Whenever human beings would forget Allāh, Allāh would send another Nabi (a prophet) or Rasul (a messenger) to remind them of Allāh



and to warn them about Shaytān. And whenever human beings make a mistake, if they say 'sorry' to Allāh, then Allāh promised to forgive them. Allāh also promised Nabi Adam ('a) and Sayyida Hawwā ('a) that any human being who does his or her best to obey Allāh, will one day go back to the beautiful garden after they die and they can live in there happily forever and ever.

Shaytān now decided to follow Nabi Adam ('a) and Sayyida Hawwā ('a) and all their children wherever they lived on the earth. Allāh told every prophet to warn people that Shaytān is our enemy and we should never listen to him.

Whenever Shaytān gets a chance, he still tries to whisper bad ideas to human beings and he tells them to disobey Allāh. Shaytān tells us to lie and not to pray and to be rude and not to listen to our parents. But we are Muslims and we love Allāh and we follow what Prophet Muhammad (s) and his family (the Ahl al-Bayt) ('a) taught us. We follow the Qur'ān and we never listen to Shaytān. Instead we pray and we speak the truth and we listen to our parents. One day inshā Allāh, we will all go to Jannah (the beautiful garden) and Shaytān will go to fire of Hell with all the evil and bad people who listen to him and follow him.

# Lesson 3

## Exercises

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Please see the accompanying Workbook for Exercises and Activity Sheets

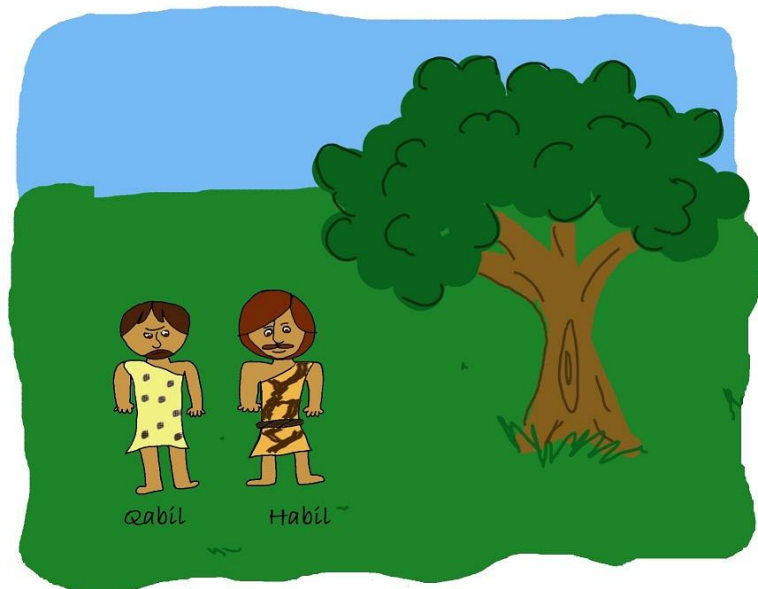
## Lesson 4

# Hábil and Qábil

When Nabi Adam (‘a) and Sayyida Hawwā (‘a) came to live on the earth, they had two sons: Qābil and Hābil.

When they grew up, Qābil, the older son, became a farmer and grew crops and Hābil, the younger son, became a shepherd and looked after sheep, goats and other animals.

One day Allāh told Nabi Adam (‘a) that after him, Hābil would be the next Nabi. Shaytān made Qābil very jealous and so Qābil



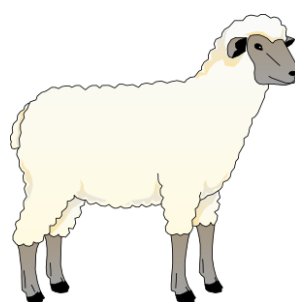
complained to his father Nabi Adam (‘a) that he was older and he should be the next Nabi.

Nabi Adam (‘a) told both his sons to offer a sacrifice to Allāh and see whom Allāh accepts from. A sacrifice means they would keep something at the top of the mountain and wait for Allāh to accept it. If a fire came down and burnt it to ashes, it would mean that Allāh has accepted it.

And so the next day, Qābil took some crops because he was a farmer and Hābil took a sheep as a sacrifice. They went to the top of the mountain and kept their sacrifice there. Qābil was a miser and did not really love to give anything to others or to please Allāh, so he took some bad crops and he did not take his best crops. Hābil loved Allāh and took his best and healthiest sheep.



Qābil took some old, dry, rotten crops to give to Allāh. He was mean and did not really like Allāh or giving others what he had.



Hābil loved Allāh. He took his best sheep to give to Allāh. He loved to give to others and to share what he had.

Suddenly a spark of lightning flashed in the sky and a fire came down and took away the sheep of Hābil. This showed that Allāh had accepted Hābil's sacrifice.

Qābil was furious and even more jealous of Hābil now. He felt ashamed and hated Hābil because he thought it was Hābil's fault. Hābil tried to explain to his brother that if he becomes better and loves Allāh, then Allāh will accept from him as well. But Qābil did not want to agree that he was wrong.

'Ha! You think you are better, do you?' Qābil said to Hābil. Suddenly Shaytān whispered a very evil thought in

his mind and Qābil's face turned red with anger. His face became dark with evil thoughts and he shouted to Hābil, 'I will kill you!'

Hābil tried to calm his brother down and told him, 'Even if you try and hurt me, I will not hurt you back. I fear Allāh, the Lord of the Universe.' And even though Hābil tried to remind Qābil that Allāh is always watching everything we do, Qābil was very angry and jealous so he killed his brother.

When Qābil realized what he had done, he felt very sad and wished he had never listened to Shaytān. He was also very scared and did not know what to do.

When we make a mistake, we should say we are sorry and try and makeup for it instead of lying or hiding it.



Instead of telling his father what he had done and asking Allāh to forgive him, Qābil decided to hide his brother Hābil's dead body. But he didn't know how to hide it.

Qābil then saw a crow digging the earth and he got an idea. He decided to dig a grave and hide his brother's

body in the ground. Qābil was then afraid to go back to his parents so he ran away and began living on his own. He stopped worshipping Allāh and became Shaytān's friend. So Allāh will punish him and put him in the fire of Hell with Shaytān on the Day of Judgement.

What can we learn from the story of Hābil and Qābil?

- Never listen to Shaytān. Always listen to Allāh.
- When others do bad things to us, we should do good things to them.
- We should never do anything when we are angry. We will always regret what we do when we are angry.
- If we make a mistake, we should say 'sorry' and ask Allāh to forgive us. We should not be angry, jealous and proud like Shaytān and Qābil.

# Lesson 5

## Exercises

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## Lesson 6

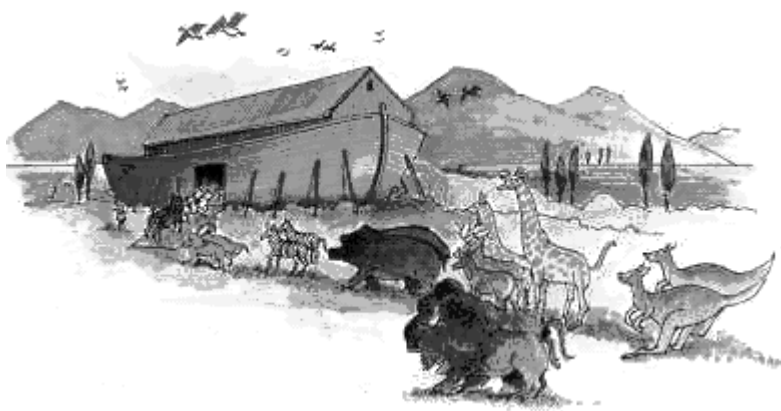
### Nabí Nuh (‘a)

Many many years after Nabi Adam (‘a), most of the people in the world stopped praying to Allāh and listening to Him and were doing bad things to each other. So Allāh sent another Nabi to them who was called Nuh.

Nabi Nuh (‘a) began telling everyone to worship Allāh only and not to bow before idols but most of the people would not listen to him. Only a few poor people followed Nabi Nuh (‘a) but most of the others just laughed at Nabi Nuh (‘a) and made fun of him. When he would talk to them, they would put their fingers in their ears or shout and make noise. Sometimes they would throw things at Nabi Nuh (‘a) to try and hurt him.

After many years, when still no one would listen to him, Allāh ordered Nabi Nuh (‘a) to build a very big ship called an Ark. Allāh then told Nabi Nuh (‘a) to put all the animals in the Ark.

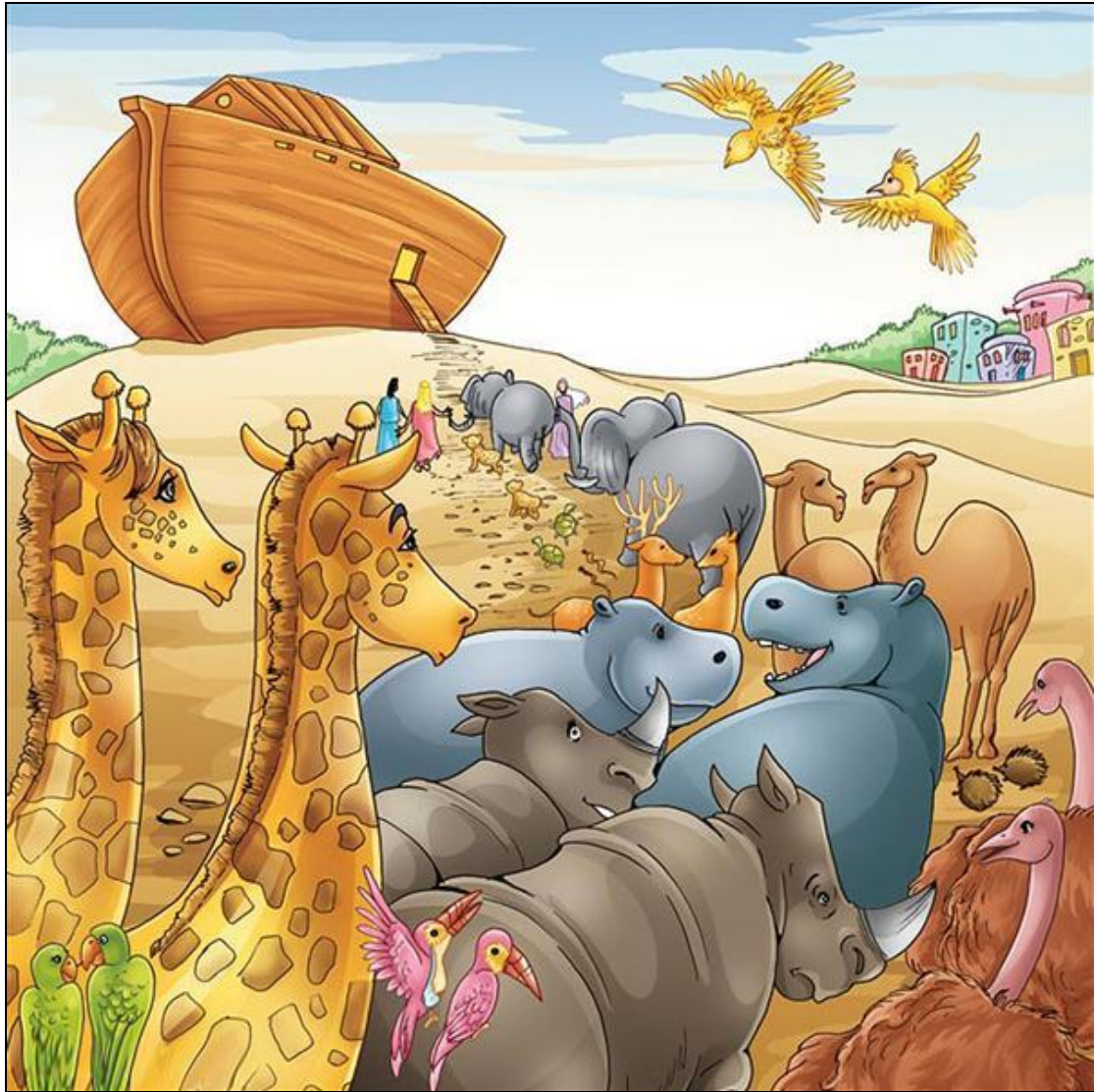
When the Ark was ready, Nabi Nuh (‘a) told everyone to get in



because it was going to rain a lot and anyone who did not get in would drown. The evil people laughed at Nabi



Nuh ('a) even more and refused to go on the ark. And so Nabi Nuh ('a) went in with his few followers and the animals and shut the doors.

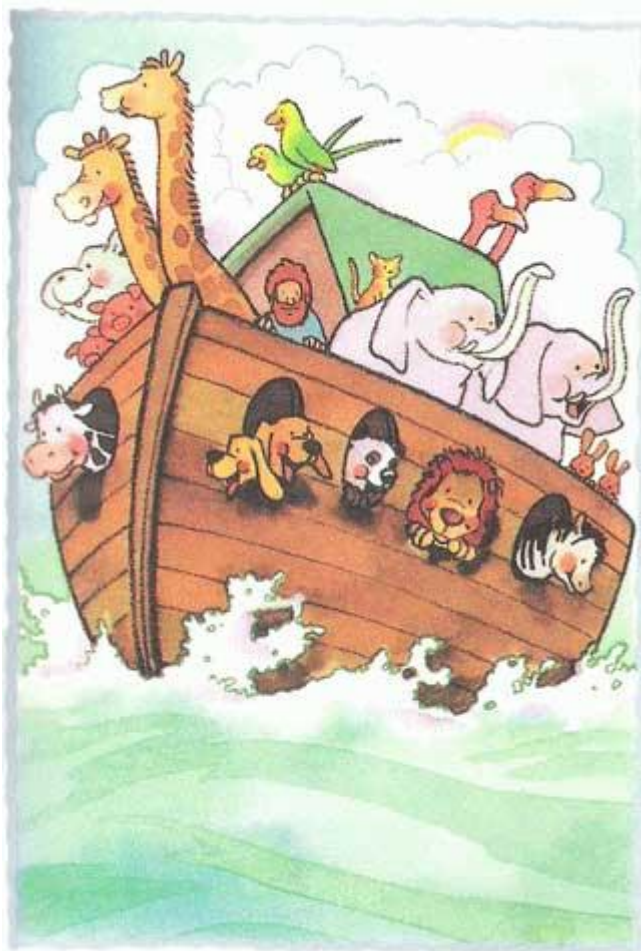


Soon it began to rain. It rained and rained and poured and poured until there was water everywhere. Then the water began to rise and as it continued to rain heavily, everything around began to drown. There was lightning and thunder everywhere. Even those on the Ark were frightened as the Ark rocked from side to side and moved in the middle of huge waves that rose like

mountains and fell crashing down. Nabi Nuh (‘a) and his followers kept praying to Allāh for His protection and mercy all the while.

One of the sons of Nabi Nuh (‘a) was not a good boy. He was like Qābil and did not love Allāh. Nabi Nuh (‘a) told him to come into the Ark but he said, ‘I will climb the tallest mountain and I won’t drown. Just then a huge wave came and he drowned.

The Ark of Nabi Nuh (‘a) floated in the water for many years. Then slowly the water began to dry until finally it was all gone and the Ark stopped moving and came to rest at the top of Mount Judi. Then Nabi Nuh (‘a) let all the animals out and he and his followers began a new life on the earth and they all worshipped Allāh and lived happily together again.

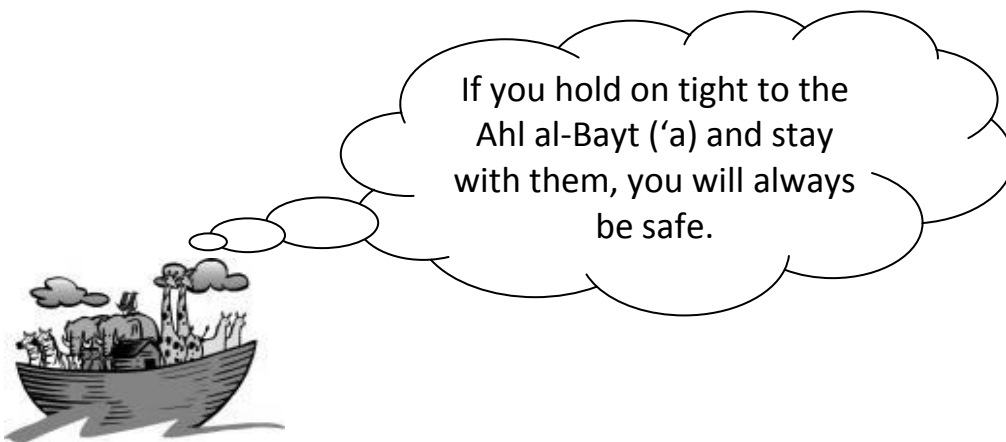


An Ark is called ‘Safina’ in Arabic

## Hadith of the Ark (Hadith as-Safina)

Prophet Muhammad (s) said:

*'My family, the Ahl al-Bayt, is like the Ark of Nabi Nuh ('a). Whoever joins it will be safe. And whoever refuses to go with it, will drown.'*



# Lesson 7

## Exercises

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